

the  
**Secret**  
treatment rooms

— EST. 2001 —

NON SURGICAL SOLUTIONS

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Tel. 01423 569006

Book online: [www.thesecrettreatmentrooms.co.uk](http://www.thesecrettreatmentrooms.co.uk)

[hello@thesecrettreatmentrooms.co.uk](mailto:hello@thesecrettreatmentrooms.co.uk)

# Advanced Skin Treatments

We offer the absolute latest in advanced corrective skin treatments, which treat all common facial and body skin problems including sensitive/hypersensitive skin, Acne Roseacea, Acne scarring, Hyperpigmentation, Melasma, oily and enlarged pores, sun damage, cellulite, stretch marks and premature ageing.

Our philosophy is to:

- Deliver advanced treatments that treat the root cause of all common skin conditions to provide long term solutions
- Research new developments in products and techniques to remain pioneers in the field of advanced treatments
- Deliver outstanding levels of service and care via our team of expert aestheticians through specialist education
- Be the high street choice for better skin.

## Changing your Skin from the Inside Out

### The importance of SKINutrition

**Why look ten years younger and not have the potential to live ten years longer?**

It is easy to underestimate the nutritious boost which you can offer your skin by following a balanced eating plan with supplements.

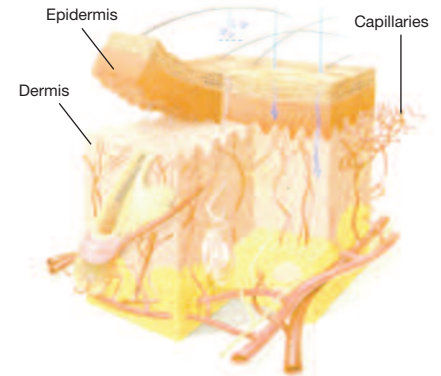
A wealth of evidence strongly suggests that the food which we eat is one of the most powerful rejuvenation tools available. SKINutrition is more effective than surgery and many other non-surgical treatments. Such procedures might well rejuvenate skin on the surface but they do not change the physiology of the skin cells so as to optimize cellular health. This is the unique difference of our medically evidenced approach.

**If you feed your mind, body and soul, you will see positive changes to your skin.**

## What really changes the face of your skin?

The skin contains a complex network of blood vessels which carry nutrients to support all body systems, whether delivering protective antioxidants or removing damaging toxins.

The quality of your blood and blood flow determines the rate at which the skin recovers from injury. For example, you may notice that the skin on the body often takes longer to heal than on the face and this is due to constricted blood flow.



## What constricts blood flow?

Your blood health determines the rate at which your body will age. Poor blood health is detrimental but can be improved when the correct changes are applied.

To accelerate the rate at which you achieve better looking skin, you must first eliminate any inflammatory factors. If you do not take these important steps, you will experience a toxic overload resulting in premature ageing:

- Smoking
- Alcohol
- Caffeine
- Stress
- Underlying health problems such as heart disease, hypo thyroid and diabetes.

**Prevention is always better than the cure!**

## Corrective Skin Peels

Corrective Skin Peels are non-traumatic, stimulating gentle, beneficial change deep in the skin to create a beautiful, renewed complexion, with minimum downtime.

For best results, peels are recommended as part of a bespoke dermal plan, combining corrective skin treatments, homecare and wellness solutions.

### Today Peels (prior preparation may be required)

All peels are done using our deep cleanse sonic wave Luna foreo.

#### Blueberry Smoothie £85.00

A delicious and refreshing scrub invigorates the skin using active blueberry extracts and gentle acid to restore a youthful glow without irritation. This light peel is also an exceptional Acne treatment.

#### Blueberry Jessners £85.00

A very effective peel for thick, oily skin conditions and as a pre-treatment with selected peels, for maximum benefit.



## Scars – Candella/Ellipse Ydun (EMA approved)

### Bespoke body areas available, POA please speak to us.

The skin is an organ that protects our bodies from infection. Throughout our lives, we have experiences that injure our skin, leaving behind a scar. The formation of scars depends on many factors, including:

- How large the wound is
- The person's age, sex and ethnicity (nationality/heritage)
- Genetic (inherited) factors

There are four main types of scars. Various treatments can help reduce their size and appearance. Before you begin, however, remember this basic truth: scars will never completely disappear.

### What are the four main types of scars?

**Hypertrophic scars:** These are red scars that rise above the skin. They do not spread beyond the spot where the injury occurred. Possible treatments include steroid injections and laser.

**Keloids:** These scars jut out from the skin and spread beyond the spot where the injury occurred. They are caused by the overproduction of certain cells. Over time, keloids affect mobility (ability to move). Possible treatments include surgery, laser surgery, radiation, or steroid injections. Smaller keloids can be removed with cryotherapy (freezing therapy using liquid nitrogen). You can also prevent keloids by using pressure treatment, silicone gel. Keloids are more common in darker skin types, specifically people of African or Asian descent.

**Contracture scars:** These scars typically occur after the skin is burned. They cause tightening (contracting) of the skin that can reduce the ability to move. This type of scar can go into muscles and nerves.

**Acne scars:** Any type of acne can leave behind scars. There are many types of acne scars, and they can be shallow or quite deep. Treatment depends on the type of scars.

# Candela Ellipse (PDT) Multiflex Platforms (EMA)

## Permanent Hair Reduction

An innovative treatment for men and women that removes unwanted hair from almost anywhere on the body. Incorporating the latest IPL (intense pulsed light) technology, a flashlamp is guided via a glass prism to the hair. The pigments in the hair (melanin) absorb the light, converting it to heat and destroying the hair follicle making it unable to produce more hair.

## Thread veins

You don't have to try to cover your thread veins anymore. Candela Ellipse uses short, safe bursts of light emitted from a flash-lamp to quickly remove those thin veins (technically called telangiectasias) from your face or legs.

A thread vein is a small blood vessel near the surface of the skin. The Candela Ellipse operator guides the visible light from the flash-lamp to the blood vessels needing treatment. The unique Candela Ellipse system carefully filters this light in two ways to ensure that only light with the correct characteristics (wavelengths) is allowed to reach your skin.

Blood contains haemoglobin that absorbs the light and converts it into heat. This heat destroys the protein in the wall of the thread vein. As a result the veins will, gradually and safely, disappear after treatment.

To ensure optimum light transmission to the blood vessel, a thin layer of gel (similar to that used in ultrasound examinations) is applied to your skin before treatment.

## Which thread veins can be treated?

Thread veins on all parts of your body can be treated. The most common treatments are for superficial veins in the facial, chest or leg areas.

As the treatment relies on the absorption of light by the haemoglobin in the blood, the most effective results are seen with light skin. The lighter the skin, the more pronounced the contrast between the vessel and the skin, making treatment easier. However, Candela Ellipse has pre-programmed settings for different skin colours that deliver the correct energy output for your complexion.

## How long does an Candela Ellipse treatment take?

The glass prism within the Candela Ellipse applicator that guides the light to the skin is 10mm by 48mm, so several vessels can be targeted in one flash of light. The treatment time depends on the area to be treated. A single session typically lasts 10-20 minutes.

## How many Candela Ellipse treatments do I need?

The number of treatments depends on the body site and the severity of the thread vein or hair growth. Clinical studies have confirmed that six treatments are usually needed, and these are timed about one month apart.

## How can I be sure Candela Ellipse is safe and effective?

Clinical trials documenting Candela Ellipse's safety and effectiveness are carried out by leading doctors prior to the release of the product.

The results of these tests are then published in respected, refereed medical journals. You are welcome to view these scientific papers on the Candela Ellipse website at [www.ellipse.org](http://www.ellipse.org).

The settings used for your treatment will be based on the settings recommended by the clinicians who carried out the clinical trials.



## Candela Ellipse Ydun clinical fractional non-ablative laser treatments

	INDIVIDUAL TREATMENT	COURSE OF 4 (SAVING 20%)
Face, Neck, upper Eyelids & Lips	£400	£1280
Face & Neck	£300	£960
Neck	£180	£576
Face	£180	£576
Face, upper Eyelids & Lips	£330	£1056
Forehead	£125	£400
Frown line, middle of brow	£95	£304
Eye contour area including upper Eyelids	£165	£528
Upper Eyelids	£100	£320
Upper Lip	£95	£304
Chin	£100	£320
Nasal lines	£85	£272
Upper Lip, Nasal lines & Chin	£150	£480
Upper Lip & Nasal Lines	£125	£400
Décolletage	£300	£960
Cleavage	£110	£352
Re-defining Ydun Lip Treatment	£135	£432

**Electrolysis** (price per 15 minutes)

£16.50



**ydun**  
by Ellipse

## Candela Ellipse (PDT) Multiflex Platforms (EMA)

### Permanent Hair Reduction

	INDIVIDUAL TREATMENT	COURSE OF 6 (SAVING 20%)
Lip	£38.00	£182.40
Lip and Chin	£52.00	£249.60
Full Face (beard)	£65.00	£312.00
Neck	£52.00	£249.60
Half Arm	£70.00	£336.00
Full Arm	£110.00	£528.00
Small Abdomen	£52.00	£249.60
Small Back	£52.00	£249.60
Medium Back	£60.00	£288.00
Full Back	£90.00	£432.00
Small Chest	£52.00	£249.60
Medium Chest	£75.00	£360.00
Full Chest	£90.00	£432.00
Half Leg (lower)	£90.00	£432.00
3/4 Leg	£120.00	£576.00
Upper Leg	£120.00	£576.00
Backs of Thighs	£80.00	£384.00
Full Leg	£200.00	£960.00
Bikini Standard	£52.00	£249.60
Bikini Brazilian	£80.00	£384.00
Bikini Hollywood	£90.00	£432.00
Underarms	£52.00	£249.60

# Candela Ellipse Multiflex platforms (PDT & ND Yag laser treatments)

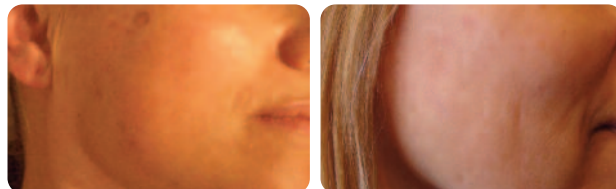
## Cherry angioma (cherry spots)



Before and after 1 treatment with the PR 530 applicator

**Laser: £25**

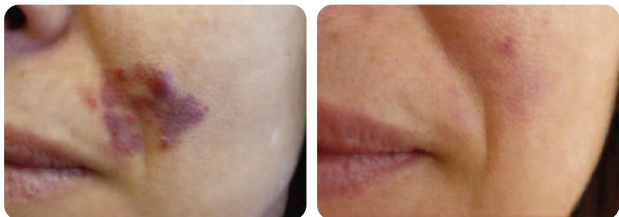
## Solar lentigines (age spots)



Before and after 1 month after treatment

**IPL VL: £80 x1, £136 x2**

## Port wine stains



Before and after 6 treatments with the VL 555 applicator

**Laser: £150 x1, £382.50 x3**

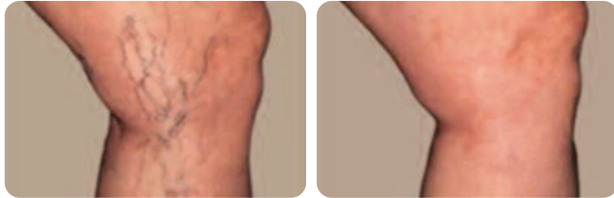
## Photorejuvenation on décolletage



Before and after 2 treatments

**IPL VL: £95 x1, £189 x2**

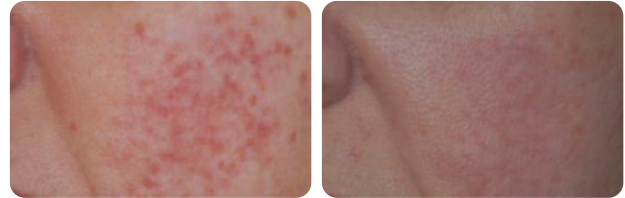
## Blue leg veins



Before and 10 weeks after 2 treatments

Laser: £150 x1, £225 x2

## Rosacea on facial areas



Before and after 1 PR 530 treatment (5 ms; 7 J/cm<sup>2</sup>)

IPL PR: £70 x1, £178.50 x3

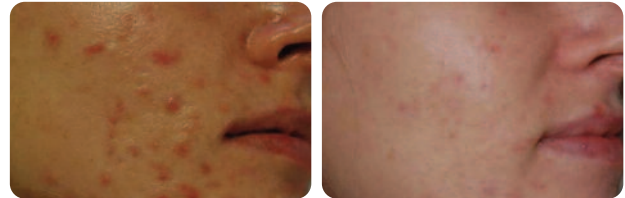
## Areas of Facial telangiectasias



Before and 3 months after treatment

IPL: £75 x1, £191.25 x3

## Facial acne clearance



Before and 2 weeks after last of 3 treatments

Full face & neck £95 x1, £484.50 x6

Half face £49.50 x1, £252.45 x6

T zone £48.50 x1, £245 x6

Full face £75.00 x1, £382.50 x6



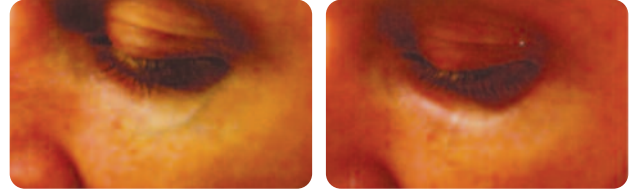
## Spider nevus



Before and 4 weeks after 1 Nd: YAG treatment, 2.5mm spot size, 8 ms, 242 J/cm<sup>2</sup> (compression with Sapphire tip)

Laser: £60 x1, £153 x3

## Periocular vessel



Before and after 5 treatments

Laser: £80 x1

## Photorejuvenation on hands



Before and after 1 treatment

IPL VL: £65 x1, £165.75 x3

## Photorejuvenation on face & neck



Before and after 3 treatments with VL 555 and 1 with PR 530

IPL VL: face & neck £95 x1, £242.25 x3

IPL VL: face £80 x1, £204.00 x3

**Wart removal**

Laser: £75 x1

**Skin tag removal**

£90



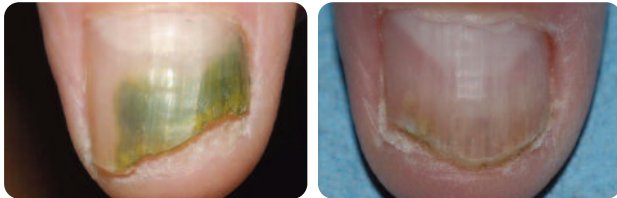
## Photorejuvenation for redness/erythema on full face & neck



Before and after 3 treatments with PL 400

Face IPL PR: **£80 x1, £204 x3**  
 Face & neck **£95 x1, £242.25 x3**

## Onychomycosis (nail fungal)



Before and 4 months after treatment

Laser: **£100 x1, £255 x3**

POA for alternative areas, or 2-3 areas done in one treatment. For optimum results Packages available with Cosmedix peels prior to the treatment. Please ask for more details.

## Caci/Cosmedix combined facial or Caci Opatra combined facial

**Bespoke stimulating facial** 90 mins. £89.00

This facial is excellent for clients who have a sallow complexion, lack of firmness, dry skin, uneven skin tone or who haven't had a facial for some time.

## Caci jawline treatment

**Caci bespoke jawline facial** 30 mins. £40.00

For optimum results a course of 10 £340.00

The Caci Jowl Lift facial has been developed to specifically target muscle laxity around the jawline. Improve the appearance of sagging jowls. Lift and firm facial contours.

## Caci eye treatment

£35.00

For optimum results a course of 10

£280.00

## Caci non-surgical face lift

1hr £59.50

For optimum results a course of 10 – **SAVING 25%** £446.25

Micro-current therapy delivers minute electrical waves to the skin's surface to regenerate muscle tone and encourage cell repair. Combats ageing, puffiness and dark shadows, tightens and tones muscles and enhances skin texture. Originally used in hospitals to help re-align the face muscles following strokes and bells palsy. Luna foreo: the sonic wave technology alternative to dermatology, deeply cleanses the skin, gently exfoliates dead cells and unblocks pores.

We also prep the skin with our deep cleanse sonic wave 'Luna-foreo'.

## Caci ultra face

1hr15 £65.00

Course of 10 £552.50

Concentrating on jawline or weaker areas that need more attention.

# Opatra synergy devices, face, eye, neck or Opatra dermasonic facial device (FDA approved)

## Opatra London

In case you haven't heard already, here are just a few reasons why you should give our synergy device a try:

- Uses proven technology extensively researched by NASA.
- Combines LED light and heat therapy, a strong combination of treating and healing at the same time.
- Synergy uses LED light-emitting diode, infra-red light and unique technology that will give you immediate results with fine lines and wrinkles.
- With red and infra-red light, the light penetrates the skin more effectively than any cream.
- The LED light promotes production of cells, collagen fibres and elastin. By doing that it rejuvenates the skin.

The red light reduces the melanin or hormone level of the skin and reduces the appearance of age spots and dark spots, stimulates the fibroblasts that produce collagen, which helps the skin look younger.

The green LED light improves cell and oxygen utilisation. Green light targets dark circles, pigmentation, broken capillaries and sunspots. It also calms irritated or over-stimulated skin.

- Synergy Opatra treatment metal-head heats up to 41°C/106°F to provide topical heating that increases local blood flow, which provides protein and oxygen for better healing of the skin.
- With the application of Opatra's anti-ageing creams and serums, the red light helps penetrate the product into the deeper layers of the skin, whilst improving blood circulation, expression lines and regenerating cell connections.



*Eye device.*

Opatra Dermasonic FDA approved is a revolutionary anti-ageing device that repairs your skin by combining galvanic technology, ultrasound stimulation, LED therapy red, green & blue light & vibration massage.

These treatments work together in one hand held device to rejuvenate skin by smoothing out wrinkles, tightening facial muscles, boosting blood circulation along with the stimulation of new skin cell production.

Amazing results for all skin types but very effective on problematic, oily skin types due to its deep cleansing ability.

## Opatra face, neck and eye contour area inc. eye lid



Before and after treatment

**£85 x1, £637 x10 (25% off)**

## Opatra face



Before and after treatment

**£60 x1**

**£450 x10 (25% off)**

## Opatra neck



Before and after treatment

**£60 x1**

**£450 x10 (25% off)**

## Opatra eye contour and eye lid



Before and after treatment

**£45 x1**

**£337 x10 (25% off)**

## Australian Body Care Waxing

The most hygienic system available, which uses disposable treatment heads to eliminate the risk of cross contamination associated with traditional waxing methods.

Full Leg including standard bikini	£29.95
Half Leg	£20.50
Underarm	£12.50
Bikini	
– Standard	£15.50
– Brazilian	£30.50
– Hollywood	£33.50
Lip or chin	£10.50
Lip plus chin	£14.50
Man's Back	£26.50
Man's Chest	£26.50
Half Arm Wax	£15.50
Full Arm Wax	£18.50

## Eyelashes and Eyebrows

<b>Eyebrow Shape</b>	£9.50
<b>Eyebrow Tint</b>	£9.50
<b>Eyebrow Tint &amp; Shape</b>	£16.50
<b>Eyelash Tint</b>	£18.00
<b>Eyelash Tint and Eyebrow Tint combined</b>	£26.00
<b>LVL Lash Enhancements including eyelash tint</b>	£59.50

Add length, volume and lift to your natural lashes – lasts 8 weeks

\*patch test required 48hrs before

Clients MUST have a skin sensitivity test 24 hours prior to eyebrow and/or eyelash tints.  
Please call the salon to arrange.

*fourteen*

## Nails

File & Polish	£15.50
Manicure	£22.50
Spa Manicure	£28.00
French Manicure	£28.00
Pedicure	£26.00
Spa Pedicure	£28.00

### Semilac

This high-shine treatment is chip resistant, dries instantly and lasts for between two and three weeks.

Semilac Manicure	£29.75
Semilac File & Polish	£22.50
Semilac Removal and mini manicure	£15.50
Semilac removal	£6.50
Semilac Pedicure	£32.50
Semilac French Manicure	£32.50



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Monday 9.30-5.00

Tuesday 9.30-7.00

Wednesday 9.30-7.30

Thursday 9.30-7.30

Friday 9.30-6.00

Saturday 9.00-5.00

Sunday closed